

# The Hawk's Eye

Weekly News from Hope Elementary School



In Guidance, first graders learned about the importance of having a growth mindset and how doing so can help them when they are faced with a challenge. Students discussed the feelings they experience when faced with a challenge. Next, they learned about the power of positive self-talk and the word 'yet' before brainstorming positive, growth-oriented reminders they can give to themselves when they face a challenge. They added these reminders to a self-portrait they completed earlier this year.

## Upcoming Events for Your Calendar

March 6th - HES Volunteer meeting (6:30PM)  
 March 7th - Budget Workshop (6PM)  
 March 13th-17th - Spirit Week  
 March 13th - HES School Committee meeting (6PM) [Zoom Link](#)  
 March 15th - Staff vs. Student Basketball game  
 March 16th - Middle School Dance (7-9PM)  
 March 17th - No School (Teacher workshop day)  
 March 24th - Family Movie Night (6-8PM) - see flyer on page 4  
 April 3rd - HES Volunteer meeting (6:30PM)  
 April 10th - HES School Committee meeting (6PM) [Zoom Link](#)  
 April 14th - Early Release @ 11:30AM for staff & students  
 April 17th-21st - No School (Spring Break)  
 June 1st - K-4 Spring Concert (6PM)  
 June 8th - 5-8 Spring Concert (6PM)

We have used three snow days so far this school year.



"Our goal is to create a beloved community and this will require a qualitative change in our souls as well as a quantitative change in our lives."

~Martin Luther King, Jr.

## PRE-K

The HES Pre-K is now accepting applications for fall enrollment. Please register students using the following link: [2023-24 Registration](#)

## Kindergarten

[Registration for 2023-24](#)



HAL Baseball and HES Softball registration on page 5!



Order yearbooks online while supplies last: [ybpay.lifetouch.com](http://ybpay.lifetouch.com)  
 Code: 3239823 Cost: \$15



**Second grade enjoyed the snow this week!**





Pre-K students took full advantage of the recent snowfall and worked making snowmen, sliding down hills, pulling each other on sleds and practicing snowshoeing. Here they are pictured taking a well deserved break. March really did come in like a lion this year!



**Windjammer  
BASKETBALL  
CAMP**  
For Players entering grades 2-9

**JULY 17-21**  
9:30-11:30, 12:30-2:30  
younger players/older players

Hosted  
By **CHRHHS**  
Coaches and  
Players

At Camden Hills Regional  
High School

Questions? Contact Jon Moro at  
**JON.MORO@FIVETOWNS.NET**

CALL : 207-691-7564

REGISTRATION  
FEE  
**\$130**

**THE HES VOLUNTEER  
GROUP  
PRESENTS**

# Family Movie Night



**Wear your  
PJ's!  
Bring a pillow  
and a  
sleeping bag!**

**FRIDAY, March 24th  
6-8PM**

**STUDENTS MUST BE ACCOMPANIED BY AN  
ADULT!**

**Pizza – \$2 a slice  
Also baked goods and drinks for sale  
All proceeds benefit the HES Volunteer Group  
R.S.V.P. to: [hesoffice@fivetowns.net](mailto:hesoffice@fivetowns.net)**



# Hope Elementary School



## March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	1	2	3
		Chicken Nuggets w/Fries Fruit/Veggies/Milk B: Cereal Bars	Ham & Cheese Stromboli Fruit/Veggies/Milk B: Fruit Salad	Pepperoni Pizza Fruit/Veggies/Milk B: Muffins
6	7	8	9	10
Mac & Cheese Fruit/Veggies/Milk B: Cereal	Beef Tacos Fruit/Veggies/Milk B: Fruit Scones	Hot Dogs w/Fries Fruit/Veggies/Milk B: Muffins	Meatloaf, Mashed Potatoes & Green Beans B: Fruit Salad	Cheese Pizza Fruit/Veggies/Milk B: Breakfast Pizza
13	14	15	16	17
Pancakes & Sausage Fruit/Veggies/Milk B: Cereal	Spaghetti with Breadstick Fruit/Veggies/Milk B: Muffins	Pepperoni & Cheese Stromboli Fruit/Veggies/Milk B: Fruit Salad	Cheeseburger w/Chips Fruit/Veggies/Milk B: Fruit Scones	<b>NO SCHOOL WORKSHOP DAY</b>
20	21	22	23	24
Crispy Chicken Sandwich w/Fries Fruit/Veggies/Milk B: Muffins	Turkey, Mashed Potatoes & Green Beans B: Cereal	American Chop Suey Fruit/Veggies/Milk B: Fruit Scones	Ham Italians Fruit/Veggies/Milk B: Fruit Salad	Pepperoni Pizza Fruit/Veggies/Milk B: Muffins
27	28	29	30	31
Cheese Raviolis Fruit/Veggies B: Cereal	Fettuccini Alfredo w/ Breadstick Fruit/Veggies/Milk B: Fruit Salad	Chicken Nuggets w/Fries Fruit/Veggies/Milk B: Fruit Scones	Waffle Sticks & Sausage Fruit/Veggies/Milk B: Cereal Bars	Cheese Pizza Fruit/Veggies/Milk B: Muffins

**Student meals are FREE.**

Milk only is a fee of \$.40

Adult Hot Lunch: \$4

Adult A la Carte: \$2.50

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.  
Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:  
Hope Elementary School  
<https://k12paymentcenter.com>



### HAL BASEBALL REGISTRATION

HAL Baseball is offered to boys from the Hope, Appleton, and Lincolnville Schools in grades 6-8 who are interested in interscholastic competition. Preference given to 7th and 8th graders in years where large numbers of participants make it unmanageable to successfully include all who wish to play. LCS hosts the Baseball signups, HES hosts the Softball signups.

### HES SOFTBALL REGISTRATION

Softball registration is now open to students in grades 6-8. Please use the link below to register. This is a combined team with students from Hope, Appleton, and Lincolnville. Players must have a current physical form on file (no older than two years) to participate in practices and games. The physical form can be found here. Parents must register through [this GoogleForm](#).

We will be using TeamReach, a mobile team app for communication. All registered parents will be invited to join TeamReach. If you choose not to use TeamReach, let us know and we will find an alternate way to inform you of schedules, information, etc. A game schedule will also be posted on our website soon.

We look forward to seeing you on the field!



# HES FLOWER POWER FUNDRAISER

The Hope Elementary 8th grade class will be raising funds for their class trips, graduation and class gift for the school.

Please consider helping them to reach their goals while making your gardens beautiful at the same time! Order spring bulbs, seeds and berries all online.

All orders can be purchased online until April 14th and shipped directly to you for \$6.99 no matter how big or small your order!

<https://www.flowerpowerfundraising.com/index.php/marketplace/seller/profile/shop/hes8thgrade>

## Five Town Little League Registration is NOW OPEN!



Five Town Little League registration for the 2023 season is now open for all players ages 5 – 12!

Please visit the FTLL website today to sign up for the season as well as the below March clinics at the PITCH, and baseball/softball majors evaluations.

Please note that signing up for the clinics will NOT register your player for the season, that must be done separately.

**REGISTER FOR SPRING CLINICS, EVALUATIONS AND THE 2023 SEASON TODAY AT:**

**[www.fivetownlittleleague.org](http://www.fivetownlittleleague.org)**

**Baseball clinics and evaluations at the PITCH:**

3/4 - 12:30 - 1:30 pm (ages 6-8) \$10  
3/4 - 1:30 - 2:30 pm (ages 9-12) \$10  
3/7 - 6:00 - 8:00 pm (ages 8-12) \$20  
3/18 - 12:30 - 1:30 pm (ages 6-8) \$10  
3/18 - 1:30 - 2:30 pm (ages 9-12) \$10  
3/21 - 6:00 - 8:00 pm (ages 8-12) \$20  
3/25 - 12:30 - 2:30 pm EVALUATIONS for NEW PLAYERS  
interested in Majors (ages 9-12)

**Softball clinics and evaluations at the PITCH:**

3/11 - 12:30 - 2:30 pm (ages 7-12) \$20  
3/14 - 6:00 - 8:00 pm (ages 8-12) \$20  
3/28 - 6:00 - 8:00 pm (ages 8-12) \$20  
4/1 - 12:30 - 2:30 pm EVALUATIONS for NEW PLAYERS  
interested in Majors (ages 9-12)



Please email [mainefivetownlittleleague@gmail.com](mailto:mainefivetownlittleleague@gmail.com) with any questions.  
You can also follow us on Facebook at Five Town Little League. Let's play ball!